PEER ADVOCATES: CULTURAL PEER ADVOCATES BY COMMIE W. MITCHELL, MSW & ANTHOMY HAYNES & SYSTEM NAVIGATORS IN SUPPORTIVE HOUSING

#### **DEFINING PEER ADVOCACY**

- Peer Advocacy looks different
  - Mutual support
  - Peer run groups
  - Peer support
- Our Values and Mission
  - How we define the our Advocates



### **BRIEF HISTORY OF PEER ADVOCACY**

- Mental health movement was a political advocacy, group and individual empowerment phenomenon
  - Psychiatric patients discharged from psychiatric hospitals in 1970s
  - In response people organized- self help groups & mutual support groups thus forming a consumer / survivor movement
  - 1990s- Consumer Operated Service Programs (COSP) "Nothing About Us, Without Us"
  - 21st century brought about an increase in peer support services
  - Formalize training for Peer Support specialists

# PEER ADVOCACY IN SKID ROW

Brief history of Skid Row

Peer Advocacy in Skid Row today



#### THE PRIORITIZATION PROJECT



- Critical time intervention
  - The first 90 days
- Housing the most vulnerable
- Peer Advocate component
  - The Peer Advocate Role

# **CULTURAL & SYSTEM NAVIGATORS**

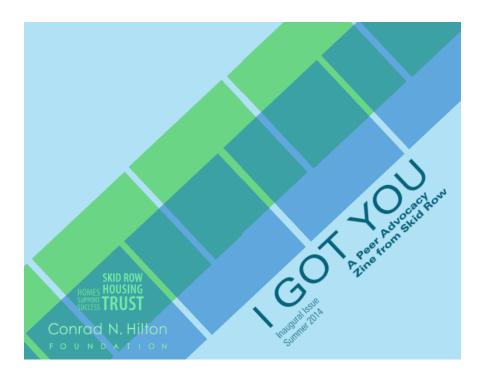
- Peer theory- Mead
- Individual Empowerment Theory-Keiffer
- Recovery approach



# Anthony will share his narrative and experiences as a Peer Advocate . . .

#### THE EXPANSION

- Expanded Advocate team
- Re- engage residents who have been housed
- Provide Peer Advocate Groups
- Worked on a Peer Advocate
   Zine "I Got You"
- Mirco-documentary "I got you- Peer Advocate Perspectives"
- Peer Advocate training manual



"LOVE BEGINS AT HOME,
IT IS NOT HOW MUCH WE DO . . .
BUT HOW MUCH LOVE WE PUT INTO THAT
ACTION." - MOTHER TERESA



# THANK YOU TO THE CONRAD HILTON FOUNDATION FOR MAKING THIS PROJECT POSSIBLE.



#### **REFERENCES**

- Mead, S., Hilton, D., Curtis, L. (2001) Peer Theory- A Theoretical Perspective. Http://peerzone.info.com.
- ▶ Davidson, L., Chinman, M.,Sells, D., Rowe, M., (2006, Feb 3) Peer Support Among Adults With Serious Mental Illness: A Field Report" Schizophrenia Bulletin. 32, 443-450.
- Tobler, J. (2010) Peer Support and Peer Providers: Redefining Mental Health Recovery [PowerPoint Slides]. Retrieved from <a href="http://www.promoteacceptance.smahsa.gov">http://www.promoteacceptance.smahsa.gov</a>.
- ➤ Lord, J. And Hutchinson, P., (1993) The Process of Empowerment: Implications for Theory and Practice. *Canadian Journal of Community Mental Health*. 12:1, Spring 1993, Pages 5-22.